Healing Hands Wellness Center

Patient Symptoms Complaints

Patient:_____ Date of Visit:_____

IMPORTANT: Check all present symptoms. Underline recent past symptoms. Sign below. Be complete

Muscle, Ligament & Joint

Neck: Weakness - Pain – Stiffness – Swelling – Spasms – Disc – Limited Movement – Pain on Motion – Surgery – Throat Muscles Swollen or Sore
Worse: After Sleeping – During Day – End of Day

Mid Back: Weakness – Pain – Soreness. Worse: After sleeping – During Day – End of Day – Pain on Motion.

Low Back: Weakness – Pain – Stiffness – Swelling – Limited Movement – Pain on Motion – Surgery
Pain When: Sitting – Walking – Standing – Sleeping. Worse: After Sleeping – During Day – End of Day.
Sacroiliac – Tailbone – Sex Impotency – Pain in Groin. Worse: After Sleeping- During Day – End of Day

Extremities & Radiating Pain

Head & Headache: Side – Front – Top – Back of Head – Heavy Head – Affects Vision – Produces Nausea – Throbbing – Incapacitating – Handicaps Normal Function – Migraine Worse: After Sleeping – During Day – End of Day.

Shoulder: Local Pain – Radiates Down Arm – Pain on Movement – Limited Movement – Pain from Neck.
Worse: After Sleeping – During Day – End of Day

Arm: Local Pain – Radiating Pain – From Neck – On Movement – Down Arm – Numbness – Tingling – Elbow – Wrist – Fingers – Swelling – Heaviness – Cold Hands – Grip Strength Loss – Can't Raise – Drops Things

Hips, Knees, Legs: Local Pain – Radiating Pain – From Back - On Movement – Down Leg – Knee (Front – Back) – Knee (Inside – Outside) – Numbness – Tingling – Knee Swelling – Ankle Swelling – Charlie Horses – Cramps – Spasms – Varicose Veins – Heaviness – Pain on Walking – Sitting – Prolonged Standing

Feet: Swelling – Discomfort – Pain – Pain on Walking – Pain with Back Problem – Corns – Calluses – Bunions – Fallen Arch – High Arch – Toe-in-toe-out – Cold – Burn.

Muscles & Ligaments

Sprain – Pulled – Torn – Atrophy

Spine & Disc

Spine: Surgery – Arthritis – Curvature – Whiplash.

Disc: Surgery – Protrusion – Compressed – Degenerating – Deteriorating – Herniated – Ruptured.

Nerves

Burning – Numbness – Tingling – Pins and Needles – Tremor – Nervousness – Nervous Tension – Nervous Fatigue – Dizziness – Poor Equilibrium – Loss of Balance.

Energy & Fatigue

Energy: Intermittent – Constant – Occasional **Fatigue:** Intermittent – Constant – Occasional
Exhaustion build up – Tired upon Awakening – Exhaustion after Work – Must Rest During Day.
Walking Causes: Tiredness – Fatigue – Exhaustion
Sleeping: Good – Fair – Poor – Poor Due to Pain – Insomnia – Falls to Sleep – Emotional Fatigue – Excessive Sleep.

Eye, Ear, Throat & Mouth

Eye: Pain – Strain – Red – Blurring – Light Hurts – Double Vision – Spots - Injury – Pressure.
Sight: Far – Near – Failing – Glasses – Contacts.
Ear: Ache – Infection – Noises – Ring – Buzzing.
Hearing: Good – Poor – Aid – Failing.
Nose: Post-nasal Drip – Bleeding – Obstruction – Sneezing - No Smell.
Throat: Sore – Dry – Hoarse – Phlegm – Enlarged Glands – Swallow.
Mouth: Bad Taste – Teeth – Breath – Gums – Sores – Eruptions – No Taste.
Teeth: Good – Bad – Abscess – Grinding – Dentures Fit: Well – Poor.

Heart & Circulation

Heart: Slow – Rapid – Pain – Palpitation – Past Attack – Coronary – Murmur – Chest Pain – Pain down Arm – Difficult Breathing.
Blood Pressure: High – Low – Irregular – Past Stroke – Paralysis: L – R.
Circulation: Good – Poor – Swelling.
Cold: Hands – Feet – Body – Varicose Veins – Hardening Arteries.
Sweats: Excess – None Hot – Cold – Night.
Blood: Problems – Disease – Anemia.

Lungs & Breathing

Lungs: Difficult Breathing – Congestion – Asthma – Emphysema – Wheezing – Bronchitis – Infection.
Cough: Blood – Phlegm – Dry – Sneezing.

Stomach, Liver, Gall Bladder and Intestinal

Stomach: Nausea – Pain – Ulcer – Vomiting Blood – Bile – Indigestion – Heartburn – Gas.
Appetite: Good – Poor – Excess.
Liver: Upset – Jaundice – Hepatitis.
Gall Bladder: Attack – Infection – Stones.
Intestines: Bloat – Mucous – Constipated – Diarrhea – Hemorrhoids – Fissures – Colitis.

Kidney, Bladder & Urination

Urine: Frequent – Difficult – Burns – Blood – Pus – Irritates – No Control – Infection – Kidney Stones – Prostate – Bedwetting.

Skin

Sensitive – Bruises – Dry – Itching – Rash – Hives – Shingles – Boils – Acne – Eruptions – Slow Healing.

General

Swollen Lymph Nodes: Neck – Underarm – Groin – Face – Pallor – Chills – Fever – Flu – Virus – Chronic Cold – Cough-
Sinus: Congestion – Headache – Sneeze – Allergies.
Weight Changes: Over – Under – Loss – Gain.

For Women Only

Menstrual: Cramps – Backache – Excess Flow – Difficult – Irregular – Tension.
Menopause: Symptoms – Hot Flashes – Estrogen.
Ovaries: Problems – Cyst – Fibroids.
Uterus: Problems – Cyst – Fibroids.
Miscarriages_____ Pregnancies_____ Unable to become pregnant: Self – Husband. Currently Pregnant.

Absolutely no patients accepted for diagnosis or treatment of Cancer. Suspected cases of Cancer are immediately referred.

Patient Signature _____ Date _____

Guardian Signature _____